



10 Ways to Reduce Energy Use

- ★ Don't be an energy vampire. Turn off and unplug electronic devices and appliances when not in use.
- ★ Use cold water in your washing machine, and use a clothesline instead of a dryer whenever possible.
- ★ Buy fresh foods instead of frozen foods because frozen foods use 10 times more energy to produce that fresh food.
- ★ Replace regular light bulbs with compact fluorescent light bulbs.
- ★ Move your thermostat down two degrees in the winter and up two degrees in the summer.
- ★ Install a programmable thermostat.
- ★ Make sure windows and doors are well-insulated.
- ★ When replacing electronics or appliances, choose Energy Star-certified models.
- ★ Use fans to circulate air, but make sure to turn fans off when they are not needed.
- ★ Conduct an energy audit of your home by contacting your local utility company.

Living Greener Growing Stronger

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across Kentucky.



Division of Compliance Assistance

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